

Simply OA™

thoughts & insights from Ordinarily Amazing®

Kindness...Give with no expectation

Simple acts of **kindness** are **powerful**. They create a positive chain reaction that you will never fully witness. It is a very simple concept, doing something good for someone and **expecting nothing in return**. It is so powerful, **yet often forgotten** in our ordinarily busy days.

Just open a door. Offer words of encouragement. Smile a reassuring smile. **Love with no judgment**. Leave money for a stranger to find. **Gossip with a compliment** about another versus an insult.

These Ordinarily Amazing acts of kindness have the potential to change the world **one act at a time**. So **go ahead - pay it forward**...but don't expect anything in return. Kindness with no expectation.

An OA Twist...don't forget the ones **you love the most**, but sometimes **forget to treat the best**. Spouse? Kids? Mom? Friend? You just might be surprised what happens.

-Kristi Turner

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Founder of Ordinarily Amazing

"Kindness is the golden chain by which society is bound together."
Johann Wolfgang von Goethe, German Poet/Dramatist/Novelist

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