

# Simply OA™

Thoughts and Insights from Ordinarily Amazing®

From the mouth of babes, "Just step back in your light, Mom."

That was the insightful advice from my 9 year old daughter. Evidently, it was obvious I was getting frustrated. Her advice was concise and honest.

It was as simple as that. Just step back in the light. That is where all the good stuff is...the peace we all crave. It's there in the light always. You just have to make sure you are in the light. Fear, worry, guilt-they don't exist in the light. Take the advice of a 9 year old...stay in your light.

Keep the peace this Holiday. Remember, life is really about our interactions with each other - not the tasks, not the presents and not the perfect dinner. A simple smile, word of encouragement or touch of the hand can have an extraordinary impact. Happy Holidays!

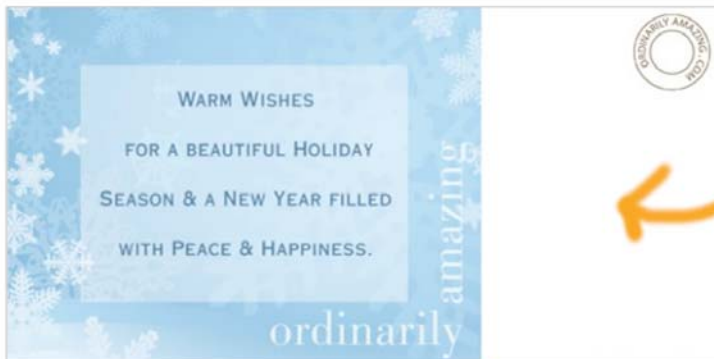
"Who is more foolish, the child afraid of the dark or the man afraid of the light?" -Maurice Freehill

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